

CHECKLIST

DON'T LEAVE MONEY ON THE TABLE.

 MAXIMISE YOUR REFUND.
MINIMISE THE STRESS.

 KEY CLAIM AREAS
EXPLAINED

 COMMON MISTAKES
TO AVOID

 RECORD KEEPING
MADE SIMPLE

 BE PREPARED.
CLAIM WHAT YOU'RE
ENTITLED TO.



 **NursesTax**
Smarter Tax Solutions

SPECIALISTS IN
NURSES TAX RETURNS

 EXPERIENCED
NURSE TAX
SPECIALISTS



AUSTRALIA-WIDE
SERVICE



SECURE &
CONFIDENTIAL



OVER 50 Y
COMBINED
EXPERIENCE

20 COMMON CLOTHING & UNIFORM CLAIMS FOR NURSES

You may be able to claim the cost of work-related clothing and uniform items that are not provided, are not compulsory to be provided, or are unsuitable for private use and must be worn for work.

20 CLOTHING & UNIFORM ITEMS YOU MAY BE ABLE TO CLAIM

- 1  **SCRUBS / CLINICAL UNIFORMS** – Tops, pants, tunics and sets.
- 2  **NURSE SHOES** – Closed in, non-slip, supportive footwear.
- 3  **LAB COATS** – Required for infection control or protection.
- 4  **NAME BADGES & ID CARDS** – Initial issue and replacements.
- 5  **NURSE WATCHES** – Analogue, with a seconds hand.
- 6  **NURSING SCISSORS & TOOLS** – E.g. trauma shears, penlights.
- 7  **PAGERS / COMMUNICATION DEVICES** – Work related.
- 8  **CLINICAL BAGS / TOOL KITS** – For carrying equipment.
- 9  **DISPOSABLE GLOVES** – Where not provided.
- 10  **SAFETY GLASSES / EYEWEAR** – Infection protection.
- 11  **PERSONAL PROTECTIVE EQUIPMENT (PPE)** – Not provided.
- 12  **WARM JACKETS / FLEECE** – For hospital or aged care facilities.
- 13  **RAINCOATS / PONCHOS** – For travel between locations.
- 14  **SOCKS / COMPRESSION STOCKINGS** – Required for work.
- 15  **BELTS** – For uniform trousers or equipment.
- 16  **SURGICAL CAPS / HEAD COVERS** – Reusable.
- 17  **UNIFORM LAUNDRY EXPENSES** – Washing and drying.
- 18  **REPAIRS & ALTERATIONS** – To maintain work standards.
- 19  **IDENTIFICATION / UNIT PATCHES** – If not provided.
- 20  **UNIFORM STORAGE SOLUTIONS** – Lockers, bags, containers.



CLOTHING & UNIFORM WORKSHEET

KEEP A RECORD – CLAIM WITH CONFIDENCE

Use this worksheet to record your expenses for the year.
Bring it with you to your appointment.

ITEM NO.	CLOTHING & UNIFORM ITEM	DESCRIPTION / NOTES (e.g. brand, purpose, size)	AMOUNT CLAIMED (\$)
1			\$
2			\$
3			\$
4			\$
5			\$
6			\$
7			\$
8			\$
9			\$
10			\$
11			\$
12			\$
13			\$
14			\$
15			\$
16			\$
17			\$
18			\$
19			\$
20			\$

TOTAL CLAIMED \$



UPLOAD YOUR RECEIPTS BEFORE YOUR APPOINTMENT

Scan the QR code to securely upload your documents and receipts to NursesTax.



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MAXIMISE YOUR LEGITIMATE CLAIMS
We ensure you claim everything you're entitled to.



NO REFUND – NO FEE POLICY*
You only pay when we are successful.



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DEDUCTIONS WORKSHEET

You can claim a deduction for work-related travel in your own vehicle using the cents per kilometre method. Keep accurate records and claim with confidence.



WORK-RELATED CAR KILOMETRES – CENTS PER KM METHOD

List your common work-related trips below. Calculate the total kilometres (round trip) for each type of travel.

NO.	TYPE OF WORK-RELATED TRIP (ROUND TRIP)	EXAMPLES	ROUND TRIP KMS (A)	FREQUENCY (per year) (B)	TOTAL KMS (ROUND TRIP) (A x B) (C)
1	Travel between home and different work locations	e.g. between hospitals, clinics, aged care facilities	_____	_____	_____
2	Attend training / professional development	Courses, seminars, conferences	_____	_____	_____
3	Attend meetings or briefings	Team meetings, clinical briefings, staff meetings	_____	_____	_____
4	Visit patients / client home visits	Community nursing, domiciliary care	_____	_____	_____
5	Transport equipment / supplies	Delivering or collecting medical supplies	_____	_____	_____
6	Attend hospital / ward audits	Quality or safety audits, inspections	_____	_____	_____
7	Supervision / student placements	Supervising students or new staff	_____	_____	_____
8	Travel between multiple sites in one day	Multiple locations in a single shift	_____	_____	_____
9	Emergency call-outs / on-call	Home to patient or facility outside normal shift	_____	_____	_____
10	Other work-related travel	Any other work-related trips	_____	_____	_____

GRAND TOTAL KILOMETRES (C)

CENTS PER KM METHOD

Total Claimable Kilometres (up to 5,000 kms)*

✕ Rate per kilometre

\$0.88

= Claim Amount

\$

* Only up to 5,000 kilometres can be claimed under the cents per kilometre method. If you travel more than 5,000 kms, speak to a NursesTax specialist about the logbook method.



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Every nurse's situation is different. Final claim entitlement depends on ATO rules and your individual circumstances. NursesTax is a registered tax agent – our fee is deducted from your refund only when we are successful.* NursesTax.com.au is part of the Accountants Plus Group. Registered Tax Agent No. 55961005.



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4 WEEK USAGE DIARY

MOBILE PHONE & INTERNET

WORK-RELATED USE LOG



Use this diary to record your actual usage over a continuous 4-week period.

Your records must be reasonable, and you must total your private vs work usage.



KEEP FOR AT LEAST 5 YEARS

Apportioned based on your 4-week usage records.



1 MOBILE PHONE – 4 WEEK USAGE LOG

Record actual usage from your mobile phone bills or usage app over a continuous 4-week period.

WEEK	VOICE CALLS (No. of Calls)			TEXTS (No. of Texts)			DATA USAGE (GB)			TOTAL USAGE (G + H + I)
	WORK CALLS (Incoming + Outgoing) (A)	PRIVATE CALLS (Incoming + Outgoing) (B)	TOTAL CALLS (A + B) (G)	WORK TEXTS (Sent + Received) (C)	PRIVATE TEXTS (Sent + Received) (D)	TOTAL TEXTS (C + D) (H)	WORK DATA (GB) (E)	PRIVATE DATA (GB) (F)	TOTAL DATA (E + F) (I)	
1 From: / / To: / /										
2 From: / / To: / /										
3 From: / / To: / /										
4 From: / / To: / /										
4 WEEK TOTALS			=			=			=	



2 INTERNET USAGE – 4 WEEK USAGE LOG

Record your home internet usage used for work over the same 4-week period.

WEEK	WORK-RELATED INTERNET USAGE (GB) (e.g. job applications, training, reports, emails, systems) (A)	PRIVATE INTERNET USAGE (GB) (e.g. streaming, social media, online gaming) (B)	TOTAL INTERNET USAGE (GB) (A + B) (C)
1 From: / / To: / /			
2 From: / / To: / /			
3 From: / / To: / /			
4 From: / / To: / /			
4 WEEK TOTALS			=



CALCULATE YOUR WORK USE %

MOBILE PHONE

Total Work Usage (Calls + Texts + Data) = _____ (W)
Total Usage (Calls + Texts + Data) = _____ (T)
Work Use % (W + T) = _____ %

INTERNET

Total Work Internet Usage (GB) = _____ (W)
Total Internet Usage (GB) = _____ (T)
Work Use % = _____ %



APPLY YOUR WORK USE % TO YOUR EXPENSES

MOBILE PHONE EXPENSES

Total Monthly Plan Cost \$ _____
Multiply by Work Use % × _____ %
Claim Amount (per month) \$ _____
Claim Amount (per year) \$ _____

INTERNET EXPENSES

Total Monthly Plan Cost \$ _____
Multiply by Work Use % × _____ %
Claim Amount (per month) \$ _____
Claim Amount (per year) \$ _____

IMPORTANT

- ☒ Keep this diary for at least 5 years.
- ☒ Records must be reasonable and reflect your actual usage.
- ☒ You must use a 4-week continuous period.
- ☒ If your usage changes, complete a new 4-week diary.
- ☒ Final claims reviewed by NursesTax specialists.



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*Every nurse's situation is different. Final claim entitlement depends on ATO rules and your individual circumstances.

NursesTax is a registered tax agent. Our fee is deducted from your refund only when we are successful.

2026 TAX RETURNS

**START YOUR RETURN EARLY.
NO APPOINTMENT NECESSARY.**

NursesTax Express Upload makes it easy to lodge your 2026 tax return online.

You provide the details. We do the rest using ATO prefill information.



NURSESTAX EXPRESS UPLOAD 2026 TAX RETURN SERVICE

ONLINE PRICE

\$165

- ✓ Fast, secure and easy online process
- ✓ ATO prefill information used
- ✓ Experienced Nursing Tax Specialists
- ✓ Australia-wide service
- ✓ Dedicated support if you need it

WHY CHOOSE NURSESTAX EXPRESS UPLOAD?



SPECIALISTS IN NURSING TAX RETURNS

We understand nurse allowances, overtime, uniforms and all your eligible claims.



ATO PREFILL INFORMATION

We use available ATO prefill data to prepare your return.



FAST & EASY ONLINE SERVICE

Secure upload. We manage the rest.



NO APPOINTMENT NECESSARY

Lodge from 1 July 2026 at a time that suits you.



SECURE UPLOAD PROCESS

Your data is safe and protected at all times.



EXPERIENCED & TRUSTED

Over 50 years supporting nurses & healthcare professionals.

START 1 JULY 2026 SCAN TO GET STARTED



Open your camera and scan the QR code to get started.



Secure. Fast. Easy.

OUR EXPRESS SERVICE IS FOR STANDARD TAX RETURNS ONLY

- ✗ No rentals
- ✗ No crypto
- ✗ No shares
- ✗ No complex tax matters
- ✗ No working from home hours

EXPRESS TAX RETURN

ONLY

\$165

SIMPLE TAX RETURNS

• FAST PROCESSING •



If your refund is less than \$1,200 and you are not satisfied with the explanation provided by the NursesTax team, simply call Garry Angus direct.

GARRY ANGUS

0418 327 096

NEW FINANCIAL YEAR. FRESH START. GET YOUR 2026 TAX RETURN DONE RIGHT.



CALL OUR NURSESTAX TEAM

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GARRY ANGUS

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**FOR MORE COMPLEX
TAX RETURNS**

SERVICE FEE

\$230

INC GST



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BOOK APPOINTMENT**



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We can help with more complex tax matters.

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- ✓ Dedicated support if you need it



WHY CHOOSE NURSESTAX?



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We understand nurse allowances, overtime, uniforms, professional subscriptions and specialist claims.



ATO PREFILL INFORMATION

We use available ATO prefill data to prepare your return.



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NO APPOINTMENT NECESSARY

Lodge from anywhere, at a time that suits you.



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EXPRESS TAX RETURN

ONLY

\$165

SIMPLE TAX RETURNS

• **FAST PROCESSING** •

NO APPOINTMENT REQUIRED



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Over 50 Years of Experience
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NURSES TAX GUIDE

MEET THE SPECIALIST IN NURSING TAX RETURNS

At NursesTax, we understand nurses like no one else. We maximise your legitimate deductions so you keep more of what you earn.



COMMON NURSE-SPECIFIC DEDUCTIONS



CAR EXPENSES

Work-related kilometres, fuel, servicing, registration, insurance, tolls & parking.



UNIFORMS & CLOTHING

Compulsory or occupation-specific uniforms, shoes, protective clothing.



MOBILE PHONE & INTERNET

Work-related calls, data and internet usage (portion claim).



HOME LAUNDRY

Washing of uniforms and occupation-specific clothing.



EQUIPMENT & TOOLS

Small tools, equipment, bags, stethoscopes, pens, scissors, etc.



PROFESSIONAL FEES & EDUCATION

AHPRA fees, annual registration, subscriptions and professional development courses.



DONATIONS & OTHER

Donations to charities and other work-related expenses.



Every nurse's situation is different. We ensure you claim everything you're entitled to – the right way.



YOUR NURSE DEDUCTIONS WORKSHEET (FOR THIS TAX RETURN)



NURSE DEDUCTIONS WORKSHEET EXPENSES SUMMARY

Financial Year 2025–26

Date: ____ / ____ / ____

Prepared by: ____

Name: _____ Employee No: _____
Email: _____ Workplace/Unit: _____

CATEGORY	DESCRIPTION / EXAMPLES	AMOUNT (\$)
D1 – Car Expenses	Work-related km, fuel, servicing, rego, insurance, tolls, parking	\$ _____
D2 – Uniforms & Clothing	Uniforms, shoes, protective clothing, alterations	\$ _____
D3 – Home Laundry	Washing of uniforms and occupation specific clothing	\$ _____
D4 – Mobile Phone & Internet	Work-related calls, data & internet (usage portion)	\$ _____
D5 – Equipment & Tools	Small tools, equipment, bags, stethoscopes, pens, etc.	\$ _____
D6 – Professional Fees & Education	AHPRA fees, subscriptions, courses, study materials	\$ _____
D7 – Donations & Other	Donations to charities & other work-related expenses	\$ _____
TOTAL CLAIMED \$		\$ _____

Notes / Receipts Attached: ☐ Yes ☐ No (Please keep all records for 5 years)

Please upload this worksheet and your receipts BEFORE your appointment.

This worksheet is a guide only. Final claims will be reviewed by NursesTax specialists.

UPLOAD BEFORE YOUR APPOINTMENT

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BETTER OUTCOMES.**

Your essential tax resource pack
to help you maximise your deductions
and lodge with confidence.



DEDUCTIONS GUIDES

Easy to follow guides
to help you claim
what you're entitled to.



UNIFORMS & EQUIPMENT

Claim the right
work-related
uniform expenses.



VEHICLE & TRAVEL

Get the most from
your vehicle and
travel deductions.



RENTAL PROPERTY

Maximise your
investment property
deductions.



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Handy checklists
and worksheets to
keep you organised.



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Helpful tools
and tips for a
smoother process.

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All essential tax guides and worksheets
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ward or team
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MIDWIVES

RENTAL PROPERTY SCHEDULE

MAXIMISE YOUR RENTAL PROPERTY TAX DEDUCTIONS



1. PROPERTY DETAILS

Name of Property (if applicable) _____

Address of Rental Property _____

Date property first earned rental income ____ / ____ / ____

Number of weeks property was rented in 2026 _____ weeks

Private Use % (e.g. used for personal holidays) _____ %

OWNERSHIP – YOUR SHARE OF THE PROPERTY

Owner Name	Ownership %
1. _____	_____ %
2. _____	_____ %
YOUR OWNERSHIP % (YOUR SHARE) _____ %	

Important: You can only claim your share of the income and expenses based on your ownership %.

2. RENTAL INCOME – 2026

DESCRIPTION	AMOUNT (\$)
Gross rent received	\$ _____
Other rental income (e.g. pet fees, admin fees)	\$ _____
Insurance recoveries	\$ _____
Bond retained / tenant compensation	\$ _____
Other income (please specify) _____	\$ _____
TOTAL GROSS RENTAL INCOME (A)	\$ _____

4. CALCULATE YOUR RESULT

Gross rental income (A)	\$ _____
Less: Total expenses (B)	\$ _____
NET RENT / (LOSS) BEFORE OWNERSHIP	\$ _____
Your ownership share %	_____ %
YOUR SHARE OF NET RENT / (LOSS) (Amount you can claim in your tax return)	\$ _____

A loss (shown in brackets) can offset other income.

3. RENTAL EXPENSES – 2026

NO.	EXPENSE DESCRIPTION	AMOUNT (\$)
1	Advertising for tenants	\$ _____
2	Body corporate fees	\$ _____
3	Council rates	\$ _____
4	Gardening / lawn mowing	\$ _____
5	Insurance	\$ _____
6	Interest on loans	\$ _____
7	Land tax	\$ _____
8	Pest control	\$ _____
9	Property agent fees / commission	\$ _____
10	Repairs & maintenance	\$ _____
11	Cleaning / gutters	\$ _____
12	Septic / waste systems	\$ _____
13	Water charges	\$ _____
14	Sundry rental expenses	\$ _____
15	Borrowing expenses	\$ _____
16	Depreciation (Capital Allowance)	\$ _____
17	Capital works deduction (building write-off)	\$ _____
18	Smoke alarm compliance	\$ _____
19	Safety checks / compliance	\$ _____
20	Other rental expenses (please specify) _____	\$ _____
TOTAL EXPENSES (B)		\$ _____



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PLEASE UPLOAD THE FOLLOWING

- ✓ Annual rental statement / summary
- ✓ Loan interest statement(s)
- ✓ Property manager statement
- ✓ Receipts for expenses
- ✓ Depreciation schedule (if available)



IMPORTANT

Keep all records for at least 5 years. Information provided must be true and correct.



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